



# GRASP

## FOR STROKE

**GRASP is a program for people living in the community to improve arm and hand function after stroke or brain injury**

**This weekly program is suitable for people who have some grasp and release ability**

**Wednesdays, 10:30-11:30am PST**

**Program dates:**

**Apr 27 – June 29, 2022**

**OR**

**Thursdays, 10:30-11:30am PST**

**Program dates:**

**Apr 28 – June 30, 2022**

**This is an online group program that you can do from your own home.**

**FOR MORE INFORMATION:**

**[virtualgrasp@gmail.com](mailto:virtualgrasp@gmail.com)**

**604-688-3603 Ext. 6201 236-522-1896**