



# Strides for Strokes

## 6th Annual Walk Run Wheel

John Lawson Park, West Vancouver BC | Saturday June 25, 2011

### WALK INFORMATION

- We are raising funds to continue providing speech, exercise and music therapies as well as other supportive programs to North Shore stroke survivors
- The walk will begin at the playground in John Lawson Park and is wheelchair accessible. Families and friends are invited to join us as we cheer on our stroke survivors.
- The walk route is 2.5 to 5km in length – depending on whether the walker completes the full or half course route.

### HOW YOU CAN HELP

- We encourage all participants to get pledge support from families and friends.
- Participants collecting \$50 or more in pledges will be entered in a prize draw.
- Charitable donation receipts will be issued for donations of \$30 or more
- Cheques should be made payable to "NSSRC"

### ABOUT NORTH SHORE STROKE RECOVERY CENTRE:

- NSSRC is the main service provider of stroke recovery and community integration services for post outpatient individuals living with stroke.
- Over 60% of our operating budget is derived from fundraising efforts.
- We are committed to improving the quality of life and independence of stroke survivors living on the North Shore.

**We would like to thank all walkers  
and sponsors for their contributions  
to Strides for Strokes.**

Online donations should be made *in honour* of the walker at [www.nssrc.org](http://www.nssrc.org).

Click the **donate now** button and follow the instructions for **strides for strokes**

**To volunteer or make a donation please contact us.**

### NORTH SHORE STROKE RECOVERY CENTRE

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