Understanding Stroke:A Workshop for Family & Friends



Wednesday, November 19th, 2014 6-9pm

> Social Services Seminar Room 189 GF Strong Rehabilitation Centre 4255 Laurel Street, Vancouver

You will learn about:

- How the brain works
- Changes that happen after a stroke
- Practical strategies to help
- Life after stroke and resources to help you and your family through your journey

Dr. Yao & Helena will be the facilitators

For questions and registration, Call 604-737-6221 or email helena.jung@vch.ca