



**SRABC**

**STROKE RECOVERY ASSOCIATION  
OF BRITISH COLUMBIA**

## **FREE COMMUNITY STROKE RECOVERY NAVIGATOR PROGRAM**

**Have you had a stroke? Know someone who  
has had a stroke? Not sure where to find  
services or resources in your community?**

### **WE CAN HELP.**

The Community Stroke Recovery Navigator:

- Will answer questions asked by caregivers and stroke survivors
- Will link them to resources and programs to assist with their recovery.
- Provide community stroke recovery education sessions

### **You are eligible if you are:**

- An adult who has had a stroke
- Have a caregiver and/or friend able to help
- Willing to participate in educational sessions
- Living in the community
- Live in one of the pilot communities – Duncan, Nanaimo, Parksville/Qualicum, Comox Valley and Campbell River

### **For more information, please contact:**

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