

This workshop is offered at the following times:

2016 schedule: 3 pm – 5 pm

May 11

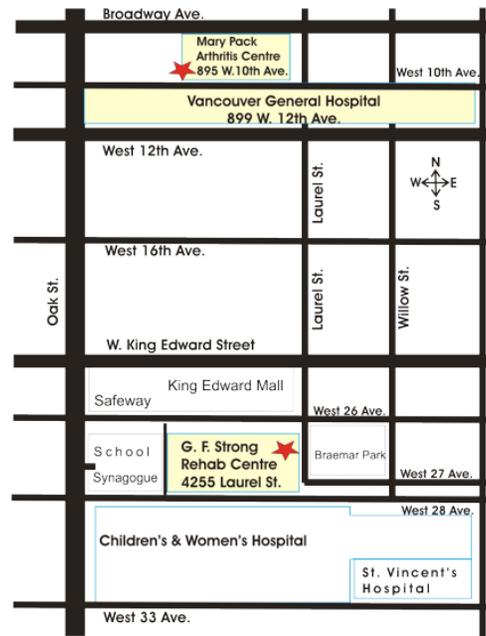
November 9

Location

GF Strong Rehab Centre
4255 Laurel Street
Vancouver, BC V5Z 2G9

Social Services Seminar Room
(#189, main floor)

How to Find Us



Building Community Connections

A Workshop for Survivors, Families and Friends



G.F. Strong Rehab Centre
Acquired Brain Injury Program

4255 Laurel Street
Vancouver, BC V5Z 2G9

For more information please contact:
Community Intervention Coordinator
Tel: 604-737-6269

For more copies, go online at <http://vch.eduhealth.ca> or email phem@vch.ca and quote Catalogue No. **FM.335.B85**
© Vancouver Coastal Health, January 2016

The information in this document is intended solely for the person to whom it was given by the health care team.
www.vch.ca

Workshop Description...

This is an opportunity for survivors, families and friends of people with a stroke or brain injury to learn about some of the services and programs available in their communities.

Families and survivors will be able to meet with one another and learn from each others' personal experiences.

Everyone is welcome.

Registration is not required, although we would like to know how many of your family members and friends will be joining us. Please let us know by contacting 604-737-6269.

Workshop Format...

- This is a 2 hour workshop facilitated by the Community Intervention Coordinator from the Acquired Brain Injury Program at GF Strong Rehabilitation Centre.
- The first half of the workshop is an open discussion around existing resources and how to access them.
- 2-3 survivors and/or caregivers will present during the second half of the workshop. They will each share their personal journeys and discuss some of the successes and challenges they encountered in returning to the community.
- The workshop is interactive, with open group discussions, opportunities for sharing and problem solving with others.

Learn more about the following...

- What is community and why is it important to link people with resources in their local community?
- How do we build community connections?
- What are some of the available resources in my community?
- What experiences have others had connecting with resources?

